

## Shirt - Woman

	Chest	Waist	Hip
XS (0-2)	30-32	24-26	33-35
S (4-6)	32-35	26-28	35-38
M (8-10)	35-37	28-31	38-40
L (12-14)	37-40	31-34	40-43
XL (16-18)	40-44	34-38	43-47
XXL (20-22)	44-47	38-42	47-50

## Shirt - Men

	Chest	Waist	Seat
XS	33-35	27-29	32-34
S	35-38	29-31	34-37
M	38-41	31-34	37-40
L	41-44	34-37	40-43
XL	44-48	37-41	43-46
XXL	48-53	41-46	46-50
XXXL	53-57	46-50	50-54