

Male fit guide (in cm)

size	chest	waist	hip
XS	46-47	46-47	46-47
S	48-50	48-50	48-50
M	51-53	51-53	51-53
L	54-55	54-56	54-57
XL	56-58	56-59	56-60
2XL	59-60	59-60	59-60
3XL	61-63	61-63	61-63

size fitting, when a shirt is positioned flat on a table



Female fit guide (in cm)

size	chest	waist	hip
XS	42-43	40-42	42-43
S	44-46	43-44	44-46
M	46-48	45-46	46-48
L	49-51	47-49	49-51
XL	52-53	50-52	52-53
2XL	54-56	52-54	54-56

size fitting, when a shirt is positioned flat on a table

